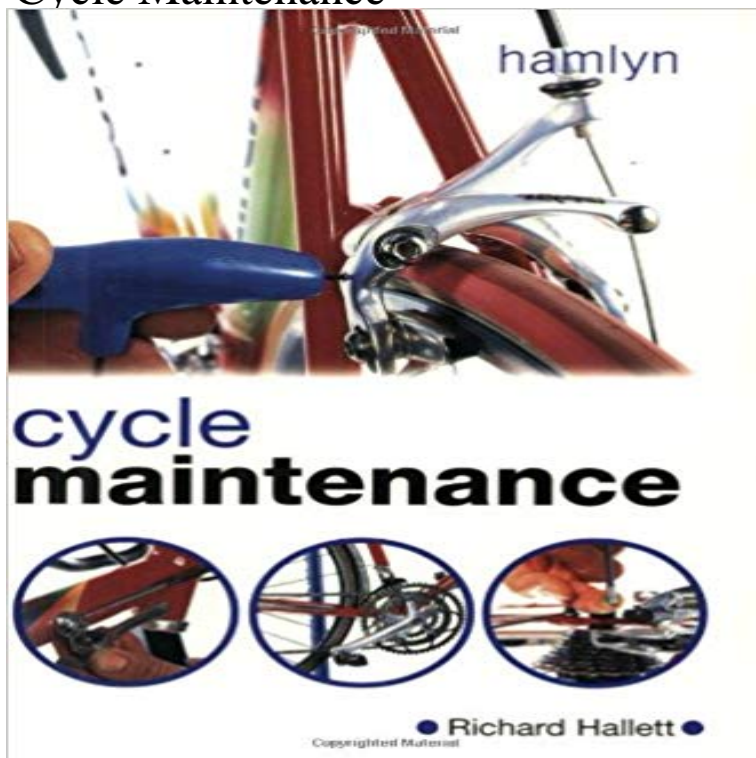


Cycle Maintenance



The training wheels are off and its time to get serious. While a bicycle can be a source of amusement, its also a mode of transportation, a relatively sizeable investment, and a delicate machine that needs to be maintained and repaired properly to stay in good running order. When was the last time you replaced your chain, checked the brakes, or changed a flat? With this handy, illustrated guide, seemingly complicated maintenance procedures become a matter of simple routine. From truing a wheel to updating brake cables, its all here. Expert advice on quick fixes including emergency puncture repair, pre- and post-ride checklists, and a backpack-friendly design make this the ultimate on-the-road reference for bike enthusiasts.

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