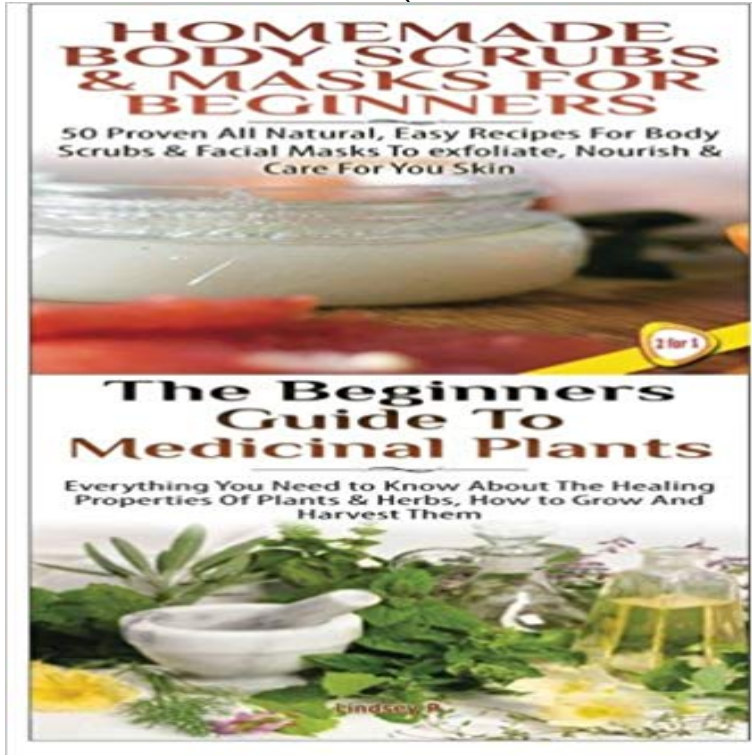


## Homemade Body Scrubs & Masks for Beginners & The Beginners Guide to Medicinal Plants (Essential Oils Box Set) (Volume 37)



The Beginners Guide to Medicinal Plants: Everything You Need to Know About the Healing Properties of Plants & Herbs, How to Grow and Harvest Them & Homemade Body Scrubs & Masks for Beginners: 50 Proven All Natural, Easy Recipes for Body Scrub & Facial Masks to Exfoliate, Nourish, & Care for Your Skin Medicinal Plants Growing medicinal plants and herbs indoor is a popular hobby for a lot of gardeners. One of the greatest reasons to plant medicinal plants indoor is to have a ready supply of these beneficial herbs. These herbs are those that you commonly snip into your sauces and soups. They can also be used to soothe an itchy rash or cough. Growing medicinal herbs may not sound to be very appealing, however you can benefit from growing these plants that can provide instant relief for many illnesses that can happen anytime of the day. So what kind of medicinal plants should you grow? This book features a lists of different herbs and medicinal plants that you can grow at home. The list is just a good starting point for easy to find and easy to grow herbs. So start growing your own plants so you can make your own medicine and stop using hazardous products! Here Is A Preview Of Whats Inside... Guide to Growing a Medicinal Herb Garden Easy Guide to Successfully Grow Herbs and Medicinal Plants at Home The Best Medicinal Plants to Grow at Home Know the Ten (10) Most Common Herb and Medicinal Garden Mistakes and How to Avoid Them Much, much more! Body Scrubs Exfoliation should always be a part of your skincare routine. This helps unclog your pores, slough off dull skin, balance sebum production, and even out your complexion. Importantly, exfoliation keeps the skin healthy, young-looking, and more glowing. The good news is that you dont have to purchase expensive exfoliates and masks to have beautiful skin! You can easily make your own scrubs with the use

different items that are found in your home and garden. By creating your own skincare product, you can be sure that the ingredients are not just effective but safe and natural too. Try makes these body scrubs and facial masks today! Topics we will cover.... Sugar Body Scrubs Salt Body Scrubs Salt and Sugar Free Body Scrubs Facial Masks for All Skin Types Facial Masks for Oily and Acne-Prone Skin Facial Mask for Dry and Sensitive Skin Much, much more! Purchase your copy today!

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