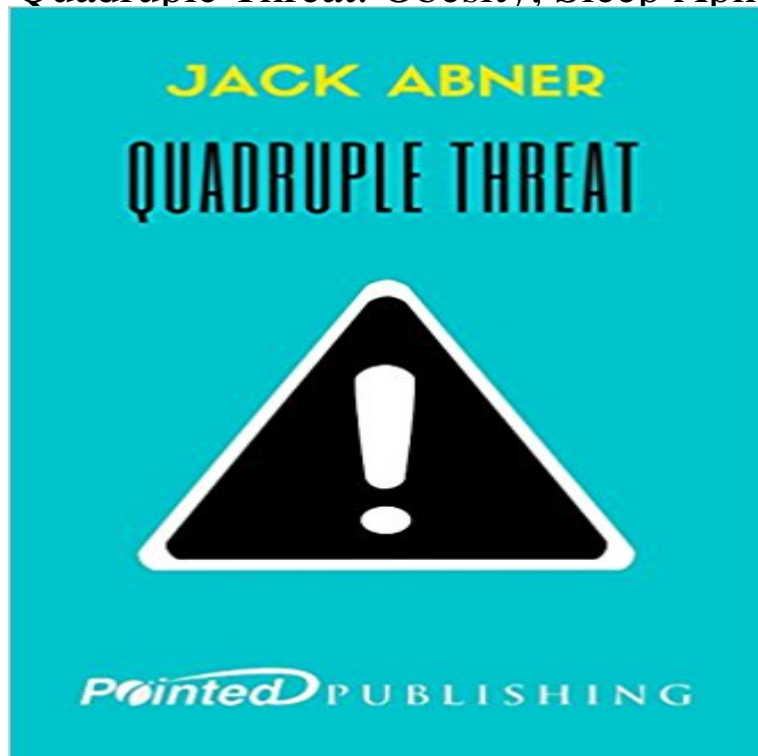


## Quadruple Threat: Obesity, Sleep Apnea, Diabetes, and Heart Disease



Before you check out this books description theres something we thought we should tell you about first. We publish all of our non-fiction digital content for FREE! ... And, wed like to invite you to join our mailing list that we use to promote 100% FREE eBooks from us and other authors. So, to get a heads up on future free new releases by us and other free eBooks from other authors head on over to <http://www.pointedpublishing.com/quadruple-threat> (just copy and paste in your browser) to sign up and get a quick daily email about a lot of great FREE stuff! Now then, whats this book all about? Well, were all worried about our health, but sometimes it feels like every day we hear news that contradicts everything we were told yesterday about healthy living. How do we know what to worry about, and what we can do about it? Help has arrived! Quadruple Threat, covers 4 key threats to our health today: obesity, sleep apnea, diabetes, and heart disease. In clear, straightforward terms, Quadruple Threat collects the latest science and translates it into easy-to-follow steps for improving our well-being. Youll learn: Why health is not just about personal responsibility The foods to love and the foods to avoid The full range of medical options for treating each condition. Practical, understandable tips for reducing your risk. And much more! Grab The Quadruple Threat today, and start protecting your health--the right way! What are you waiting for? Scroll to the top of this page and hit the Buy Button to download your copy today!

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