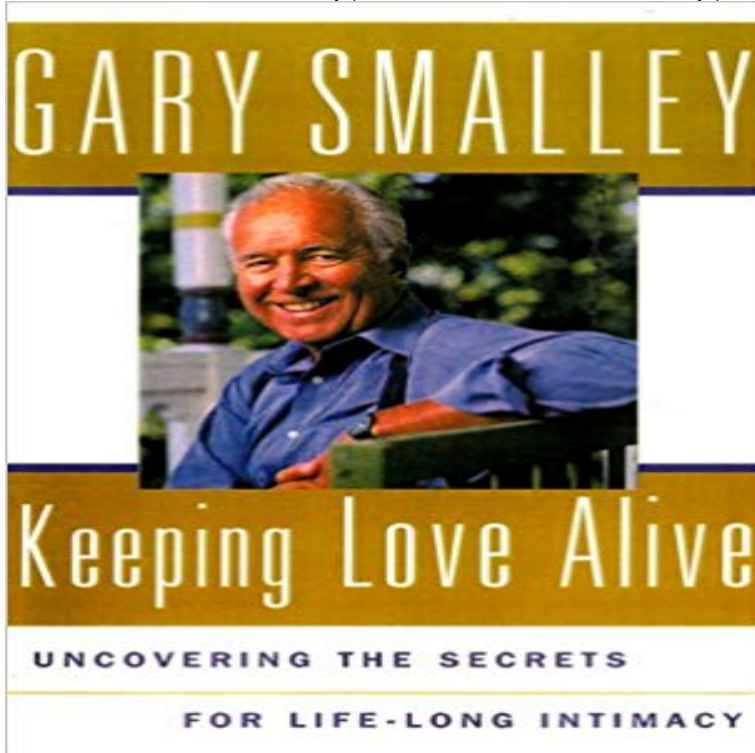


Secrets to Lasting Love: Uncovering the Keys to Life-Long Intimacy



Gary Smalley is one of the worlds foremost experts on love and relationships. In his thirty years experience as a teacher, speaker, and counselor, Smalley has helped countless thousands of couples create more meaningful communication and ultimate intimacy using his powerful and proven methods. Secrets to Lasting Love is the culmination of Smalleys decades of work. Now, many more thousands of couples will benefit from his groundbreaking research outlining the three skills of successful relationships. Smalley believes that couples who want to move from a superficial to an ultimate, deep level of intimacy and a lasting and loving relationship must master three key skills. First and foremost is honor -- respecting your spouse for all of his or her individual qualities as well as differences from you; next is communication -- speaking to one another in a way that moves conversations into deeper realms of understanding; and, last, constant renewal -- recharging your spouse emotionally, mentally, physically, and spiritually. But it is not easy to recognize and then apply these skills. Secrets to Lasting Love shows everyone how to do just that. Once these skills are successfully applied to a relationship, the couple is able to move into what Smalley calls the fifth, or ultimate, level of intimacy. Couples who work with Smalley and who follow the principles he outlines in this book find themselves on a path to discovering deepening levels of intimacy. Learning to open up to one another, breaking through communication barriers, strengthening commitment, and being able to reach your spouses heart and spirit are just a few of the benefits of Smalleys research and teaching. Secrets to Lasting Love demonstrates how couples can build a bond that can withstand the inevitable highs and lows of marriage and move them into ever deeper levels of intimacy.

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